

## *Natures Inspiration - A True Gift*

*Life has had it's ups and downs*

*But with natures beauty all around*

*It gave me strength and gave me peace*

*To love each day to the full at least*

*But now I've gone remember me*

*With the glistening sun in the leaves of the tree*

*With the wind blowing gently through your hair*

*And know I will always be right there*

*But now I leave a parting gift*

*Some words to listen to forthwith*

*Take some time to truly look what's all around*

*For it has to be the greatest gift found*

*Listen to the air full of birds happy song*

*Watch the ripples in the lake so long*

*Breathe it in, fill your heart*

*Then let it follow to all you know*

*A kind thought, a word or just a smile*

*On life's journey can help a mile*

*Don't let life rush straight by*

*Take the time and learn to fly*

*Sit a while, absorb it in*

*See the new seasons begin*

*And as the time passes by, remember*

*We are just a guest right here*

*And now is just my time go*

*So into the breeze I shall flow*

*But don't be sad or drop a tear*

*For I will be waiting just up there*

***"Dedicated to my Uncle Trevor"***

***Ness 25/8/13 (Vanessa White)***